



Babies to Babes

Group fitness training designed especially for new mums!

Mondays

**February 6th—April 2nd
(excluding public holiday on
5th March)**

Time: 11:00-12:00pm

Cost: \$35 for the term

**Where: Richard Rushton Hall
24 Barron Street
Gosnells**

Thursdays

February 9th—April 5th

Time: 10:00-11:00am

Cost: \$35 for the term

**Where: Maddington
Community Centre, Cnr
Alcock and Yule Street,
Maddington**



Gosnells Women's Health Service

Suite 7, Level 1

Gosnells Community

Lotteries House

(entrance is opposite

Australia Post entrance)

2232c Albany Highway

(entrance off Dorothy St)

GOSNELLS WA 6110

P O Box 422

GOSNELLS WA 6990

info@gwhs.com.au

www.gwhs.com.au

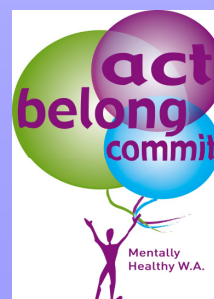
www.facebook.com

Have you recently had a baby and want to get fit?

The program is a great way to meet other mums, get fit and have fun with your baby by your side. There are no worries about your baby crying as this program is designed for mums and babies! Just bring yourself, your baby in their pram, suitable shoes and a water bottle.



Don't forget to bring your pram and baby!



Bookings Essential 9490 2258